

January 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	NEW YEAR'S DAY	2	STIR FRY	3	PIZZA	4	CHEESE TORTELLINI	5	SOUP AND SANDWICH
			BROWN RICE		SWEET POTATO FRIES		BROCCOLI		GRILLED CHEESE
			ASIAN STYLE VEGGIES				VEGETABLE OF THE DAY		SOUP DU JOUR
			VEGETABLE POT STICKERS		HALF DAY		TOMATO SAUCE		CHIPS
							PASTA		PICKLE
8	HAM MAC'N'CHEESE	9	SLOPPY JOES	10	CHICKEN NUGGETS	11	PASTA & MEATBALLS	12	SOUP AND SANDWICH
	PASTA		WG BUNS		SWEET POTATO FRIES		TOMATO SAUCE		CHEESE BURGER
	PEAS		MIXED VEGETABLES				PASTA		SOUP DU JOUR
			FRENCH FRIES		HALF DAY		BROCCOLI		CHIPS
									PICKLE
15	MLK DAY	16	LASAGNA	17	PIZZA	18	STUFFED CHICKEN	19	SOUP AND SANDWICH
			PASTA		FRENCH FRIES		BROCCOLI		GRILLED CHEESE
			CHEESE				SWEET POTATO		SOUP DU JOUR
			TOMATO SAUCE		HALF DAY				CHIPS
			GREEN BEANS						PICKLE
22	CHILI CON CARNE	23	POT PIE	24	CHICKEN NUGGETS	25	DOGS 'N' BEANS	26	SOUP AND SANDWICH
	GROUND BEEF		MIXED VEGETABLES		SWEET POTATO FRIES		WG BUNS		CHICKEN SANDWICH
	KIDNEY BEANS		POTATOES				CORN		SOUP DU JOUR
	TOMATOES				HALF DAY		BAKED BEANS		CHIPS
	RICE								PICKLE
29	CHEESE TORTELLINI	30	CHICKEN STIR FRY	31	PIZZA	1	MEAT LOAF	2	SOUP AND SANDWICH
	BROCCOLI		BROWN RICE		SWEET POTATO FRIES		MASHED POTATOES		GRILLED CHEESE
	VEGETABLE OF THE DAY		ASIAN STYLE VEGGIES				CREAMED SPINACH		SOUP DU JOUR
	TOMATO SAUCE		VEGETABLE POT STICKERS		HALF DAY		DINNER ROLLS		CHIPS
	PASTA								PICKLE
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
Sausage, Eggs		Pancakes, Bacon		Breakfast Sandwich		French Toast		Cereal and Milk	
Hash Brown		Hash Browns		Hash Browns		Eggs, Sausage		Breakfast Bar	
Fruit, 100% Fruit Juice, Milk		Fruit, 100% Fruit Juice, Milk		Fruit, 100% Fruit Juice, Milk		Fruit, 100% Fruit Juice, Milk		Fruit, 100% Fruit Juice, Milk	

MENU SUBJECT TO CHANGE (301-728-1797)

The Linwood Center is an Equal Opportunity Provider and Employer