

## November 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>30</b>	<b>CHEESE TORTELLINI</b>	<b>31</b>	<b>CHICKEN STIR FRY</b>	<b>1</b>	<b>PIZZA</b>	<b>2</b>	<b>MEAT LOAF</b>	<b>3</b>	<b>SOUP AND SANDWICH</b>
BROCCOLI		BROWN RICE		SWEET POTATO FRIES		MASHED POTATOES		GRILLED CHEESE	
VEGETABLE OF THE DAY		ASIAN STYLE VEGGIES		HALF DAY		CREAMED SPINACH		SOUP DU JOUR	
TOMATO SAUCE		VEGETABLE POT STICKERS				DINNER ROLLS		CHIPS	
PASTA								PICKLE	
<b>6</b>	<b>CHICKEN TACOS</b>	<b>7</b>	<b>SLOPPY JOES</b>	<b>8</b>	<b>CHICKEN NUGGETS</b>	<b>9</b>	<b>LASAGNA</b>	<b>10</b>	<b>SOUP &amp; SALAD</b>
MEXICALI CORN		WG BUNS		SWEET POTATO FRIES		TOMATO SAUCE		GRILLED CHICKEN BREAST	
CHARRO BEANS		PEAS		HALF DAY		PASTA		ROMAIN LETTUCE	
SALSA		FRENCH FRIES				BROCCOLI		TOMATOES	
FLOUR TORTILLAS								SOUP DU JOUR	
<b>13</b>	<b>S P O</b>	<b>14</b>	<b>FAMILY DINNER</b>	<b>15</b>	<b>PIZZA</b>	<b>16</b>	<b>POT PIE</b>	<b>17</b>	<b>SOUP AND SANDWICH</b>
ITALIAN SAUSAGE		TURKEY , GRAVY, STUFFING		SWEET POTATO FRIES		MIXED VEGETABLES		GRILLED CHEESE	
PEPPERS AND ONIONS		MASHED POTATOES & CORN		HALF DAY		POTATOES		SOUP DU JOUR	
TOMATO SAUCE		GREEN BEANS						CHIPS	
RICE								PICKLE	
<b>20</b>	<b>CHILI CON CARNE</b>	<b>21</b>	<b>SPINACH LASAGNA</b>	<b>22</b>	<b>CHICKEN NUGGETS</b>				
GROUND BEEF		PASTA		SWEET POTATO FRIES					
KIDNEY BEANS		CHEESE		HALF DAY					
TOMATOES		TOMATO SAUCE							
MASHED POTATOES		SPINACH							
<b>27</b>	<b>STIR FRY</b>	<b>28</b>	<b>CHEESE TORTELLINI</b>	<b>29</b>	<b>PIZZA</b>	<b>30</b>	<b>MEAT LOAF</b>	<b>1</b>	<b>SOUP AND SANDWICH</b>
TURKEY OR CHICKEN		BROCCOLI		SWEET POTATO FRIES		MASHED POTATOES		GRILLED CHEESE	
BROWN RICE		VEGETABLE OF THE DAY		HALF DAY		CREAMED SPINACH		SOUP DU JOUR	
ASIAN STYLE VEGGIES		TOMATO SAUCE				DINNER ROLLS		CHIPS	
SPRING ROLLS		PASTA						PICKLE	
<b>BREAKFAST</b>		<b>BREAKFAST</b>		<b>BREAKFAST</b>		<b>BREAKFAST</b>		<b>BREAKFAST</b>	
Sausage, Eggs Hash Brown Fruit, 100% Fruit Juice, Milk		Pancakes, Bacon Hash Browns Fruit, 100% Fruit Juice, Milk		Breakfast Sandwich Hash Browns Fruit, 100% Fruit Juice, Milk		French Toast Eggs, Sausage Fruit, 100% Fruit Juice, Milk		Cereal and Milk Breakfast Bar Fruit, 100% Fruit Juice, Milk	

MENU SUBJECT TO CHANGE (301-728-1797)

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